

Elizabeth Okada

Organizational Development, Executive Coaching, Learning and Development

Elizabeth Okada lives in Beijing and works as a free-lance consultant and coach. She has 20+ years experience working in education, learning and development. She has a strong mix of academic and practical skills to draw on and is pragmatic in her approach to developing solutions for clients.

Elizabeth has extensive international experience having lived and worked in both France and Japan. She worked with AIG Japan for twelve years where she held various roles including Head of their International Communications Program and OD Manager. As OD Manager, she was responsible for establishing AIG Japan's Leadership Development program. Most recently, Elizabeth was Head of Learning and Development for AXA Life Insurance, Japan. She has also worked in the manufacturing and medical technologies industries. She was Chair of the American Chamber of Commerce in Japan's HRM Committee.

Her recent coaching assignments have included high potential coaching, career transition coaching and work-life balance coaching.

Elizabeth has a B. Ed and an M. Ed both from Leeds University. She holds a Certificate in Training Practice from the Chartered Institute for Personnel and Development (UK). Elizabeth was recently awarded an Advanced Diploma in Coaching and Mentoring Practice by the Oxford School of Coaching and Mentoring.